

Branch 445 Bulletin

Royal Canadian Legion

345 Lansdowne St
Callander ON POH 1H0
Office: 705 752-3773
Lounge: 705 752-1322

October 2016



Legion 

<u>Branch Executive</u>		
President	Glenn Bennett	705 752-5923
Past President	Don MacDonald	705 497-3103
First Vice	Caven Ford	705 752-2951
Second Vice	Nancy Clark	705 752-5689
Third Vice	Brian Villeneuve	705 752-1813
Treasurer	Kathy Landon	705 752-5365
Secretary	Joanna Jacobs	705 752-2951
<u>Elected & Appointed Executive Committee</u>		
Membership	Marc Picard	705 752-4780
Sgt. At Arms and TOD	Steve Larocque	705 776-1625
Poppy Chair	Nancy Clark	705 752-5689
Bursaries	Brian Villeneuve	705 752-1813
Bar	Caven Ford	705 752-9251
House and Property	Jim Landon	705 752-5365
Banquets	Amanda Hiscock	705 471-9469
L.A. Liaison	Don Bickerton	705 752-2204
Bylaws, Honours & Awards	Don MacDonald	705 497-3103
Seniors	Jack Else	705 752-2351
Pipe Major	Matt Plant	705 724-6535
Nevada/Lottery	Bill Bowman	705 478-9718
Sick and Visiting	Tony Gagliardi	705 752-2867
Over 50 Club Liaison	Irene Lewis	705 491-2216
Sports	Alan Clark	705 752-5689
Service officer	Patricia Burton	705 476-4726
Audit/Finance Committee	Karen Duquette	705 497-3135
Bulletin	Joanna Jacobs	705 752-2951
Website	Caven Ford	705 752-2951
Youth & Education	Bill Bowman	705 478-9718
1st Callander Scouting Rep	Caven Ford	705 752-2951
Public Relations Officer	Richard Rhindress	705 752-3935
Fundraising/ Special Events	Bill Wilson	705 752-0470
<u>Ladies Auxiliary Executive</u>		
President	Marion Smith	705 471-6819
Past President	Irene Lewis	705 491-2216
First Vice	Nancy Clark	705 752-5689
Second Vice	Lynne Lavigne	705 752-3191
Secretary	Denise Robertson	705 494-5475
Treasurer	Amanda Hiscock	705 471-9469
Sgt. At Arms	Marg Prudhomme	705 477-8144
Sports Officer	Kim Cameron	705 752-4188

PRESIDENT'S REPORT

Comrades the fall season is up on us, the leaves are changing and cold weather is here. Please remember we are approaching that time of year, when our commitment to your branch and the veterans are changing. It is that time of year for us to remember our oath and actively participate in the Poppy Campaign. Please give up some of your time and efforts to help do our door to door campaign and Remembrance day service, every little bit helps and together we can make a difference. We have had lots of volunteers attend the many functions we have done this year. This is the time to make the difference in committing to the Poppy Campaign and Remembrance day service. Together we can make a change. Together, with help, we got lots of things done this year. We also have some new faces on the executive to help run your branch. Our new ramp is completed on the members side to help those that need help with access. We ran a very successful old timers ball tournament, catered to lots of functions, and hosted many of our regular Friday night dine-ins. Our Poppy chairs have planned a Veterans Appreciation dinner again this year. All this couldn't be done without lots of help, please give some of your time to help your branch, some of our volunteers are getting tired, they can't do it all, but with some help we can keep up the pace. We also had some members from other branches visit us while touring this summer in our area.

Yours in Comradeship, Glenn Bennett, President



LADIES AUXILIARY REPORT

October is a time of thanksgiving. It is when we reflect on the people and events in our lives and appreciate how they have enriched us.

I wish to thank the members of the Ladies' Auxiliary, President Glenn, Legion members and our community.

It takes all of us to be successful and I am proud of the working relationship that we have fostered.

On October 29th and 30th the LA would like to serve a luncheon to the volunteers on Tag Day and the Door to Door campaign. These volunteers are most deserving of our thanks.

Reminder: Oct. 20, 2016 - Joint Legion and Ladies' Auxiliary Meeting at 7:00 pm for all executives.

Thank you to our veterans for keeping us safe and free we are forever grateful.

Marion K. Smith, President



SERVICE OFFICER

If any Veterans and/or dependents are in need of assistance please contact:

Patricia Burton at 705 476-4726

Remember Veterans, you do not have to be a Legion member in order to receive assistance.

Yours in Comradeship, Patricia Burton



PLEASE HELP 1ST CALLANDER SCOUTING—VOLUNTEERS NEEDED

Our Branch has a long tradition of sponsoring our 1st Callander Scouting Group. 1st Callander needs volunteers badly in order to keep their programming running. If you or someone you know would be interested in helping as a full-time or part-time leader please let them know. If you are interested in being a guest leader for a meeting or 2 and perhaps leading our youth in a craft, hobby or topic of your expertise they would love that as well. Please contact Comrade Joanna at 705 752-2951 or Jacobs.joanna@gmail.com. Thank you!



PLEASE SEND US YOUR PHOTOS

Please send in any photos you may have of recent branch events. I would love to display them in the bulletin. Also if there is someone you want to recognize with a thank you message please do not hesitate to submit a request.

Thank you,

Joanna Jacobs, Bulletin Editor

Jacobs.joanna@gmail.com

If you have not received anything in the mail or had a telephone call from the branch then we may not have your correct address and/or phone number. Please complete the following and mail to the Branch or, better still, stop in and drop it off at the lounge. Thank you.

Last Name: _____ First Name: _____

Street Address: _____

City: _____ Postal Code: _____

Phone Number: _____ Email: _____

POPPY REPORT

Hello comrades, the Veteran's dinner is drawing closer. Tickets are at the bar. Dinner is October 15th ,cocktails from 5-6pm , dinner at 6pm. All veterans are welcome but please pick up a ticket. Brian and myself will be gearing up for another successful poppy campaign . We need every members help to make this happen. Tag day is October 29th and Door to door is October 30...Volunteers are needed! Have a wonderful Thanksgiving.

In comradeship,
Brian Villeneuve and Nancy Clark



SICK AND VISITING

There are quite a few of our Comrades recuperating that could use some best wishes and prayers. Comrade Leslie Cerisano is undergoing chemotherapy treatment. Comrades Bruce Mills , Bill Wilson and Al Borden are recuperating at home. Comrade Shirley Hamilton is at North Bay Regional Health Centre. Comrades Rolly Corriveau and Pearl Bowes are at Nipissing Manor, Len Guppy is at Eastholme and Mickey Gardiner is at Cassellholme.

Please keep all our friends and Comrades in your thoughts and prayers.

Sick and Visiting Chair, Comrade Tony Gagliardi



OUR LEGION NEEDS YOU!

The season is upon us again where we are in great need of some help. We are looking for volunteers to help with dine-ins and functions throughout the summer. You do not need to be a member of the branch to help out. This is the perfect opportunity for high school students looking to complete their volunteer hours. If you or someone you know is interested in helping out please call our Banquet Co-ordinator :

Comrade Amanda Hiscock at 705 752-3773.

Leave a message with your name, call back number and availability. It is only through the help of volunteers that our Legion can be successful. Come on out and give it a try! We have fun!

Callander Legion Branch 445 Presents

MONSTER MASH

Halloween Costume Dance

Music by
Blue Collar DJ

\$15.00 per person

Saturday Oct. 29th 8pm Late Lunch served @ 10:30pm

Spot Dances & Prizes for Best Costumes!

October 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 LA Meeting 7pm NDL 7pm Kitchen booked—Beaver Scouts	4 Fiddlers Pool league	5 O/50 Darts Band Practice - 7pm	6 General Meeting 7pm O/50 club Executive meeting Bridge 2pm	7 Friday Night Fun Darts Roast Chicken Legends	8 Wedding Main Hall
9 Seniors room booked	10 NDL 7pm	11 O/50 Meeting 10 am Pool League	12 O/50 Darts Band Practice - 7pm	13 O/50 Potluck	14 Friday Night Fun Darts Schnitzel Back in Tyme	15 Veterans Appreciation Banquet Seniors Room Booked 1:30pm
16 Don McKinley Painting 1pm	17 NDL 7pm	18 Pool League	19 O/50 Darts VON Foot Clinic Band Practice - 7pm	20 Executive Meeting O/50 executive meeting	21 Friday Night Fun Darts Roast Beef Blackbird	22 Main hall booked
23	24 NDL 7pm Couples Yoga 6pm	25 Pool League	26 O/50 Darts Band Practice - 7pm	27	28 Friday Night Fun Darts TBA Back in Tyme	29 Poppy Tag Day Halloween Mash 8pm
30 Poppy Door to Door	31 NDL 7pm					



November 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Pool league Fiddlers	2 O/50 Darts	3 General Meeting 7pm	4 Friday Night Fun Darts Roast Chicken Timber Country	5
6 Seniors Room Booked	7 NDL 7pm LA Meeting 7pm	8 O/50 meeting 10am Pool league	9 O/50 Darts Band Practice - 7pm	10 Over 50 dinner 5:30pm	11 Friday Night Fun Darts Remembrance Day Ceremonies 9:30	12 Interbranch Darts Main Hall
13 Crib-4-bucks	14 NDL 7pm	15 Pool league	16 O/50 Darts Band Practice - 7pm VON Foot Clinic	17 Executive Meet- ing 7pm	18 Friday Night Fun Darts Roast Beef Back in Tyme	19 LA Singles and District Doubles
20	21 NDL 7pm	22 Pool league	23 O/50 Darts Band Practice - 7pm	24	25 Friday Night Fun Darts Schnitzel Black Bird	26 Nipissing Manor Christmas Party
27	28 NDL 7pm	29 Pool league	30 O/50 Darts Band Practice - 7pm			

**Royal Canadian Legion Branch 445 Callander
Presents**

Don
McKinley's

Painting PARTY

One of Canada's Most Prolific Painters
will host a fun and educational night of painting.

**Sign up for
Don's Paint Party**
and we will provide you
with the following...



- Professional painting lessons tips and pointers on how to improve your painting.
- Easels, canvas, aprons, palette and brushes

All you have to do is sign up, show up ready to have a drink and get messy!

Your host Don McKinley promises that under his expert tutelage you will start and complete a full canvas painting in the 2 hour class to take home.

***Limit of 35 people - First come first serve
You will take home your own masterpiece!***

Saturday October 16, 2016 - 1pm to 4pm

Cost: \$45.00

Tickets can be purchased at the bar



LESLIE'S HEALTHY EATING CORNER

Breakfast - FLORENTINE OMELET - serves 2

4 large eggs	1/4 tsp black pepper
1/4 tsp nutmeg	1/2 cup milk
2 tsp soft, light margarine	1/4 cup onion
1 1/2 cups spinach	shredded cheddar cheese

Beat eggs, pepper, nutmeg, and milk in a large bowl until stiff.
Heat margarine in a frying pan. Saute onion and spinach.
Pour egg mixture into frying pan and cook until bubbly.
Sprinkle with cheddar cheese.
When omelet is ready, roll and slice.

Lunch - HEARTY SPINACH SALAD - serves 1

5oz. skinless chicken breast	1 tsp olive oil
1 tsp fresh garlic	1/2 cup mushrooms
1 cup diced red and green peppers	1/4 cup purple onion
2 tbsp fat-free honey mustard dressing	1/4 cup milk
1 cup baby spinach	

Cook chicken breasts, cut into strips and set aside.
Heat olive oil and garlic in a saute pan. Saute mushrooms, pepper and purple onion until tender.
Mix honey mustard dressing and mil in a small custard bowl.
Heat in microwave until warm, but not boiling. Line a plate with spinach.
Top spinach with vegetables and chicken. Drizzle honey mustard dressing over the salad.

Supper - ACAPULCO COD - serves 1

1 cod fillet (5oz)	1 tsp lemon juice concentrate
2 tbsp salsa	garlic powder to taste
1 cup green and yellow beans	1/4 cup cooked rice

Preheat oven to 450 degrees F.
Place cod fillet on a piece of foil.
Cover with lemon juice, salsa, garlic powder and beans.
Loosely wrap cod fillet and seal edges of foil.
Place on a baking sheet and bake for 15 minutes.
Serve with rice.

MEMBERSHIP REPORT

If you haven't already done so, please take the time to stop by the bar and pay your 2016 dues. The cost is \$60 if you are under 65 years of age and \$50 if you are 65 years of age or older.

The bartender will provide you with a receipt. Once processed, your membership card will be placed at the bar for pick up.

There are also several membership cards at the bar still waiting to be picked up, so if you have already paid your dues and do not have your card, please stop in and pick it up. If there are any issues with picking up your card, please contact me and I will assist you.

Remember to take advantage of Early Bird prices before January 31, 2017 for your 2017 dues. The Early Bird prices for dues are \$55 if you are under 65 years of age and \$45 if you are 65 years of age or older. You will also be entered into the Early Bird draw with a chance to receive your annual dues for free! We continue to receive and review new applications, they will be brought forward for a vote at the each General Meeting, with initiation to follow for successful applicants at a subsequent General Meeting. If you have had any address or telephone numbers changes, please be sure to inform the Branch so that your contact information with our Branch and with Dominion Command can remain current.

NOTE - If you paid your 2016 Dues at the bar on Tuesday September 6, 2016 and your receipt number is 786382, please contact myself or give your name to the bartender.

Yours in Comradeship,
Marc Picard, Membership Chair



CALLANDER LEGION PIPE BAND

The Callander Legion Pipes and Drums Band is looking for pipers and drummers! For further information, please come to any practice or call me at 705 724-6535. The Band meets every Wednesday evening at 7pm at the Callander Legion.

Yours in Comradeship,
Pipe major, Matt Plant



BRANCH 445 WEBSITE

Comrades, as always, if you have any suggestions for improvements or items to add or things you would like to see on the site, please use the link to “email the webmaster” on the main page of the site at the bottom and let me know. Also, if you are interested in receiving your Bulletin by email, please click the [link](#) on the site to let us know. The Website is being updated often so check back periodically and see what's new.

www.callanderlegion.ca

Yours in Comradeship, Caven Ford, Webmaster



The Royal Canadian Legion
Branch 445 Callander

Veterans Appreciation Banquet

Saturday, October 15, 2016

Cocktails: 5:00 to 5:45 pm
Dinner: 6:00 pm

Menu: Garden Salad, Chicken Parmesan with Roasted Potatoes, Mixed Vegetables, Fresh Bread and Dessert

**\$20.00 per person (Free for Veterans and
their Spouse or Caregiver)**

Tickets on sale Sept. 16, 2016 at the Callander Legion Lounge

You do not have to be a member of the Legion to attend as a veteran

BRANCH BAR HOURS

Monday thru Thursday: 1pm—9pm

Friday: noon—9pm

Saturday: noon—9pm

Sunday: 1pm—6pm

Phone: 705 752-1322

Don't forget that our deck is also licensed!

ORDER YOURS TODAY



Legion Supply Branch Flyer



Canada 150 Medal

The Royal Canadian Legion has struck this limited edition medal to commemorate our nation's 150th Anniversary. The freedom we enjoy continues to be provided through the sacrifices of those who have fallen in service to Canada.

Available to all Legion and Ladies Auxiliary members and branches commencing June 18th, 2016. Authorized for wear on all Legion and Ladies Auxiliary uniforms commencing January 1, 2017. Metal components are polished gold plated with hard enamel accents. 10" Lengths of additional ribbon are available separately for court mounting. Supplied in custom made boxes suitable for presentation.

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